

Outdoor Academy January 28, 2022

Hi Everyone,

Thank you for your patience as we navigate ongoing restrictions, and make changes to our Outdoor Academy program to accommodate these ever-changing guidelines. Unfortunately, at this time, the KHMR ski program and Amiskwi Lodge backcountry trip portion have been cancelled as a result. We do however, have a busy semester ahead with a number of activities and trips planned, with more in progress.

Planned Education and Trips include:

- XC Classic and Skate Ski @ Dawn Mt (8 Full + 4 Half Days)
- Climber Development Program @ Dogtooth Gym (10 Sessions)
- Cedar Seeps Ice Climbing (1 Day)
- Haffner Creek Ice Climbing (1 Day)
- AST 1/2 Instruction (5 Days)
- Companion Rescue (1 Day)
- Ski Tech Education & Practice
- Bike Tech Education & Practice
- Local Mountain Biking (Mt Shadows, Moonrakers, Mt 7 – numerous days)
- Local Rock Climbing (Rock About, Spilli – numerous days)
- Revelstoke Mountain Bike & Climb (2/3 days)
- Kamloops Mountain Bike and Tour (WEAREONE factories tour, group coaching @ Bike Ranch – 2/3 Days)
- Invermere Mountain Bike & Ion Suspension Education and Suspension Set Up/Tuning (2 Days)
- Rock Climbing Skaha Bluffs (5 Days)
- Wilderness First Aid (5 Days)
- Whitebark Pine Study @ Grizzly Ridge, Glacier National Park (2 Days)
- Cedar Lake/Columbia River SUP (2 Days)
- River Trip (Planning In Progress – Location TBA – 3 Days)
- Local Fishing (2-3 Days)
- Go Organic Sports Ranch Disc Golf
- Map and Compass
- Trip Planning
- Emergency Preparedness
- Crotchet Skills (students will progress through numerous projects)
- Fitness Conditioning and Recovery
- Yoga
- Nutrition
- Food Safe
- Curling (6 sessions)
- Wildlife Education and Safety
- Photography & Film
- Camp Skills (Fire, Shelter, Knots, Cooking, Leave No Trace)
- Academy English (10,11,12)

*There will be additions/deletions to this as planning continues amid changing restrictions and policies. If you have any questions please contact Ron Ainslie at: ron.ainslie@sd6.bc.ca or 250-439-9244 (work mobile), or 250-344-2201 ext 4430 (work landline). If you are interested in volunteering for any of the above trips or activities, please contact me directly and I will forward you the appropriate paperwork (CRC, CARP). I look forward to a great semester ahead!